



***Female Athletes Getting Kids Moving***

# **BAWSI Play! Feedback Forms**



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### **Collecting Feedback**

#### **Collecting Feedback about Your BAWSI Play! Program**

Though the smiles, laughter, and relationships you and your athletes build with children on the playground will let you know your BAWSI Play! program is making a positive impact on the children and your athletes, collecting feedback will give you additional information about where you're succeeding and where there are opportunities for improvement.

The BAWSI Play! Feedback Forms include three sets of instructions and surveys. These include the:

1. Athlete Experience Survey (completed on the last day of the program)
2. Program Participant Survey (completed on the second-to-last and/or last day of the program)
3. Elementary School Contact Survey (completed within one week of the last day of the program)

#### **When and Why to Use the Feedback Forms**

We encourage teams to use all three feedback forms every time they lead a BAWSI Play! program. Completing and reviewing the surveys with your team gives the athletes an opportunity to reflect on the leadership work they are doing in their community and discover their leadership capacities not only on the field but also off the field, in their personal pursuits, in their professional careers, and in their communities.

In some cases, BAWSI may ask you to complete all three feedback forms and send copies to the BAWSI office so that the BAWSI Play! program can continue to be improved and updated.



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### **Athlete Experience Survey**

**Instructions (to be completed by the athletes at the end of the last day of your BAWSI Play! program):**

- **Complete survey.** Print out enough surveys for each athlete to complete one on site immediately at the end of the last day of your BAWSI Play! program. Be sure to bring pens and clipboards as well.
- **Review and learn from the surveys.** The most important part of conducting these surveys is to learn from them, thus, it is essential to review them once completed. Take time with your team to celebrate your athletes' accomplishments and the successes of your program and to see where there are opportunities for improvement. The goal is that through this program, your athletes discover their leadership capacities and see the applicability of their sports-learned skills outside of the sports arena. At the same time, you want to provide a meaningful experience to the elementary school children participating in the program. Use these surveys to start conversations about how to excel at both.



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## Athlete Experience Survey

1. Which BAWSI Play! program did you participate in? \_\_\_\_\_

2. How many times did you participate in the program this fall? (Circle one)

0      1      2      3      4      5      6      7      8      9+

3. Why did you want to participate in this program? (Check all that apply)

- I was required to participate                       My coach and/or athletic department asked me to
- I had volunteered in this community before       My friends and/or teammates were participating so I  
and wanted to do so again                                      wanted to as well
- Other: \_\_\_\_\_

4. What did you enjoy most about participating in your BAWSI Play! program? (Check ONE)

- Playing with the elementary school students       Leading the students in activities
- Being a role model for the students                       Representing your college and team in the community
- Other: \_\_\_\_\_

5. Do you feel that you made an impact on the lives of the students who participated your program?

- Yes     No

If yes, how so? \_\_\_\_\_

6. Based on your time at the school, what do you think are this community's three most pressing needs?

(1) \_\_\_\_\_

(2) \_\_\_\_\_

(3) \_\_\_\_\_

Which, if any, of these were you aware of before participating in your BAWSI Play! program? \_\_\_\_\_

7. What kind of impact did this experience have on you?

\_\_\_\_\_

8. Do you see yourself as a leader?

- Yes     No

If yes, in what ways and in what capacities? \_\_\_\_\_

9. How likely are you to participate in the BAWSI Play! again if it is available to you? (Circle one)

Not at all likely      Somewhat likely      Likely      Very likely

10. How likely are you to participate in another program in the community if the BAWSI Play! is NOT available to you? (Circle one)

Not at all likely      Somewhat likely      Likely      Very likely

11. Would you recommend participating in the BAWSI Play! program to other student-athletes?

- Yes     No

Why or why not? \_\_\_\_\_



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### **Program Participant Survey**

#### **Instructions (to be administered by an athlete with 4 children):**

- **Identify 4 program participants.** Halfway through your program (for example: during week 2 of a 4-week program or during week 4 of an 8-week program), select one athlete to identify 4 children as follows:
  - Child 1 & 2: Select two children who were enthusiastic about the program from the start. The goal is to learn how your program helps children already interested and/or engaged in physical activity.
  - Child 3 & 4: Select two children who were less enthusiastic about and less engaged in the program and the games at the start. The goal is to learn how your program helps children who are less interested in or accustomed to physical activity.
- **Observe participants.** Have the athlete review the Program Participant Survey and then observe the 4 children's involvement, behavior, and attitudes the rest of the program.
- **Verbally conduct each survey.** During the second-to-last and/or last weekly session, the athlete will not lead activities but instead sit down individually with each of the 4 children and verbally conduct the survey. The athletes should ask each child the questions on the Program Participant Survey form indicated with this symbol and these words:
  - *Based on conversation with child*
- **Complete the remaining survey sections.** After each conversation, the athlete will fill in the remaining sections of the survey based on her observations of the child.
- **Review and learn from the surveys.** The most important part of conducting these surveys is to learn from them, thus, it is essential to review them once completed. Take time with your athletes to celebrate the successes of your program and to see where there are opportunities for improvement. Use the information garnered from these surveys to learn how to create a more meaningful experience for your athletes, the students, and the school.



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### Program Participant Survey

Athlete's name: \_\_\_\_\_ Program name: \_\_\_\_\_  
 College and sports team name: \_\_\_\_\_ Survey date: \_\_\_\_\_  
 Elementary school name: \_\_\_\_\_

<b>Name of program participant:</b> <i>(fictive, or actual if you get their consent)</i>	
1. <b>Current Grade:</b> <b>Current Age:</b> <input type="radio"/> <i>Based on conversation with child</i>	
2. <b>Why did you decide to participate in this program?</b> <i>(a friend joined in, liked the games, liked having a leader, etc.)</i> <input type="radio"/> <i>Based on conversation with child</i>	
3. <b>Describe child's behavior and disposition when they first started participating in the program:</b> <i>(shy at first, seemed really enthusiastic, disruptive, etc.)</i>	
4. <b>Describe what activities the child participated in and if their participation was consistent:</b>	
5. <b>Describe child's behavior and disposition toward the end of your program, noting any ways in which they changed:</b> <i>(more outgoing, better or worst teammate, etc.)</i>	
6. <b>What did you <u>learn</u> as a result of participating in the program?</b> <i>(teamwork, new games, etc.)</i> <input type="radio"/> <i>Based on conversation with child</i>	
7. <b>What are you <u>doing differently</u> in your life as a result of the program?</b> <i>(teaching their siblings the games, playing more at recess, listening better in class, etc.)</i> <input type="radio"/> <i>Based on conversation with child</i>	
8. <b>Would you recommend participating in this program to another student? Why?</b> <input type="radio"/> <i>Based on conversation with child</i>	



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### **Elementary School Contact Survey**

**Instructions (to be administered by the coach or athletic department contact, whomever is coordinating BAWSI Play! program, through a phone call with the school principal or school contact):**

- **Schedule a 15-minute phone call with the principal or school contact.** Set this up before your last weekly session and schedule it to take place within one week of the last day of your program.
- **Send principal or school contact a reminder email.** After scheduling your call, send the principal or school contact an email confirming the date and time of your call and letting them know of topics you'll want to speak with them about. The topics include:
  - How having athletes on the playground has affected the students and school culture.
  - How it has affected children at recess (for example, Do they play more on their own now?) and in the classroom (for example, Are they more focused?).
  - What went well and where there are opportunities for improvement.
- **Verbally conduct the survey during the call.** Have a copy of the Elementary School Contact Survey on hand when you call. Ask the principal or school contact each question and write down their answer for each. (Tip: Using a hands-free headset when making this call will make it easier for you to write or type their answers during the conversation.)
- **Review and learn from the surveys.** The most important part of conducting these surveys is to learn from them, thus it is essential to review them once completed. Take time with your athletes to celebrate the successes of your program and to see where there are opportunities for improvement. Use the information garnered from these surveys to learn how to create a more meaningful experience for your athletes, the students, and the school.





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### **Elementary School Contact Survey**

Coach's name: \_\_\_\_\_ Program name: \_\_\_\_\_  
College and sports team name: \_\_\_\_\_ Survey date: \_\_\_\_\_  
Elementary school name: \_\_\_\_\_

<b>Principal's or School Contact's name:</b>	
<b>1. When we first contacted you, why did you think having the program would be beneficial to your students and the school?</b>	
<b>2. How has having our athletes leading children in play affected the children?</b>	
<b>3. How has having the athletes on the playground affected the school culture?</b>	
<b>4. Have you observed or been told of children being any more active at recess because of engaging in physical activity with our athletes?</b>	
<b>5. Have you observed or been told of children behaving differently in class because of engaging in physical activity with our athletes?</b>	
<b>6. What were the best parts of having our athletes on the playground?</b>	
<b>7. Where are there opportunities for improvement?</b>	
<b>8. Would you want to have our athletes or other female athletes on the playground at your school again? Why?</b>	