MISSION
BAWSI’s mission is to mobilize the women’s sports community to engage, inspire, and empower girls in under-resourced neighborhoods and children with disabilities. BAWSI’s free programs level the playing field so that ALL kids have access to play.

OVERVIEW
- P.E. girls’ sport sampling days where BAWSI coaches introduce skills needed for upcoming sports
- After school sports clinics following PE sampling days where girls participate in non-competitive environments
- Research-based leadership sessions for school-sponsored sports participants
- Lunchtime drop-in for connection and to build school sports culture
- College field trip for middle school girls
- Career field trip for middle school girls

“This is a prime time for them to develop a sound sense of athletic self. The biggest impact is they’ve grown at the same time I have, they used to be BAWSI girls in elementary school and I used to play red light green light with them. Now I’m teaching them how to be a better athlete after they work so hard at practice. It means everything.”

- BAWSI Middle School Lead Coach

ABOUT
BAWSI’s Leadership Accelerator builds healthy habits, self-confidence and leadership through sport with the long-term goal of improving life outcomes for girls from under-resourced neighborhoods.

Nearly 550 girls served | year 3 of pilot programming | 15 trained, dedicated BAWSI coaches mentoring middle school girls in sport | 10 girls teams supported across 3 sports | 10 sports/activities introduced

LEADERSHIP TOPICS
- Team
- Confidence
- Connection
- Leadership
- Athlete
- Resilience

SAMPLE SPORTS
- Basketball
- Soccer
- Volleyball
- Ultimate Frisbee
- Flag Football
- Softball

When asked why being on the team is important, “I’m trying to win for the team and school, I want to give them another trophy.”

- Middle School Girls Basketball Participant

GIRLS WHO PLAY BECOME WOMEN WHO LEAD